

# How are YOU spending the SUMMER?

# C - I - T - P r o g r a m

Are you between the ages of 13 & 15 years?

Are you too old for camp but not old enough  
to get a summer job?

Do you love to flip and fly?

Then the ArtSports' **C**oach **I**n **T**raining program is it for you!

ArtSports offers a very unique opportunity for teenagers looking for a fun, summer activity, and an opportunity to learn how to be an actual coach.

Several of our CIT kid's have gone on to coach for our facility as well as others across the county.

ArtSports will teach our CIT's

*\*lesson planning\*class structure\*spotting techniques\*motivation skills\**  
and much, much more.

This program isn't all work though. There are several hours in the day that we let our CIT's play and train on the equipment so they also have a chance to build their own skills, and just be a kid.

We do hold our CIT's to a higher standard though. They are looked up to by the other children, and for that reason they are expected to set the example.

To be eligible for this program, you must be at least 13yrs of age or grandfathered into the program the previous year.

You must attend one of the CIT meetings and CIT training sessions that will be held prior to the camp's onset. The actual meeting days are still to be announced but we will have one in March, one in April, and one in May.

All CIT's and a parent must sign and agree to the  
CIT Code of Conduct Agreement.

If you would like to sign up for this program or just need more information, please give us a call. In the past, this has been a lot of fun. We do ask a lot from our CIT's, but as our previous CIT's will attest to, they get a lot out of it. Besides the skills, knowledge, and good times, our CIT's have made steadfast friends, and spent the summer in a safe environment that challenged them to grow as a person. It really is an invaluable experience.

Here's the good news for you parents...

the CIT program is offered at a heavily discounted rate.

Day Rate \$20, Week Rate \$75, 4 Wk Rate \$250, Summer Pass \$700

# for TEENS